

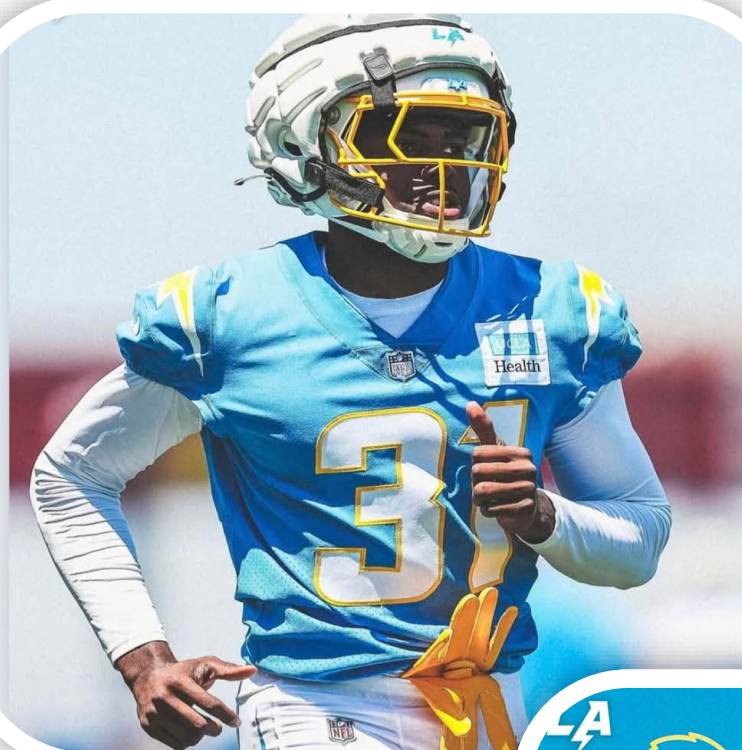
The VOICE



LHA

NEWSLETTER

APR ~ JUN 2025 VOLUME 2, ISSUE 3



****Dreams Do Come True****

From the heart of public housing to the heights of professional football, dreams can turn into reality through relentless hard work, unshakable faith, and unstoppable perseverance. We salute you, Trikweze "Ball Hawk" Bridges, #31 of the Los Angeles Chargers.

**Summer Edition
2025**



From the Executive Director's Corner



Executive Director's Note: Welcoming Summer & Celebrating Community

As we enter the summer months, there's a sense of excitement and renewals in the air. It's a time for reflection, celebration, and coming together as a community.

We want to take a moment to congratulate all of our **graduates and students being promoted to the next grade level**. Your hard work, growth, and perseverance throughout the school year have truly paid off. We are proud of each and every one of you and look forward to seeing all you will accomplish in this next chapter.

Our **Summer Program** is now in full swing, and we're thrilled to offer enriching activities and events for our youth. These programs help build friendships, spark creativity, and offer safe spaces to learn and have fun all summer long.

We're also excited to announce that we are now **fully staffed**, which means the **Crystal Springs Community Center** will once again be open and active-especially for our **seniors**! We are planning a variety of fun, engaging activities tailored just for them. From games and crafts to social events and wellness programs, we look forward to welcoming our elders back into a space that is vibrant and supportive.

Another exciting development is the arrival of our new community van! This valuable resource will help support transportation for youth outings, senior trips, and other community needs, ensuring better access to all the great things happening around us.

As we celebrate the season, we also take time to honor the important holidays that shape our national spirit. **Memorial Day** reminds us of those who made the ultimate sacrifice. **Juneteenth** celebrates freedom and resilience. And **Fourth of July** is a time to reflect on unity and community pride.

Let's also recommit ourselves to the **upkeep and care of our community**. Whether it's maintaining our shared spaces or offering support to our neighbors, we each play a role in keeping our neighborhood welcoming, safe, and strong. Together, with the help of both our dedicated agency staff and our incredible residents, we continue to build a place where we are all proud to call home.

Thank you for being part of this journey. Here's to a joyful, meaningful, and safe summer for all!

Warm regards,

Deborah Story

Executive Director

From the Commissioners' Corner

The Housing Authority of the City of Lanett, Alabama, is governed by a five-member Board of Commissioners. The City's Mayor appoints these individuals, who represent a diverse group of people from the community. The Commissioners are responsible for overseeing and monitoring the fiscal management of the Agency and approving all policies. They also appoint an Executive Director, as needed, to administer the daily affairs of the Housing Authority. Board Meetings are held on the 2nd Tuesday of each month at 5:00 p.m. (Meeting dates are subject to change.)

Thank you, Commissioners, for your loyal and dedicated service to LHA!

CURRENT MEMBERS

Dr. Rose Wood, Chairperson

Mrs. Phyllis Stiggers, Vice-Chairperson

Mrs. Wanda Allen

Ms. Susan King, Resident

Our Community Team

Deborah Story, Executive Director
dstory@lanetthousing.com

Gary Belyeu, Accountant
gbelyeu@lanetthousing.com

Temekia Carr, Operational Manager
tcarr@lanetthousing.com

Angela Johnson, Senior Property Manager
ajohnson@lanetthousing.com

Anita Ferrell-Bamby, Property Manager
abamby@lanetthousing.com

Deborah Brooks, Receptionist/Office Assistant
dbrooks@lanetthousing.com

Melissa Winston, Resident Activity Coordinator
mwinston@lanetthousing.com

Antonio Butler, Working Foreman
abutler@lanetthousing.com

Kendall Goosby, Maintenance Technician

Aubrey Hodge, Maintenance Technician Assistant

Delarick Thomas, Maintenance Technician

EASTER EGG HUNT



The LHA Youth and Staff had a wonderful time celebrating Easter!



POWER UP-DAY ONE



Our first day of martial arts instruction with Mr. Larry Rudd was a big hit! The kids had a great time learning basic self-defense skills in a fun and respectful environment. Mr. Rudd, who generously volunteered his time, emphasized that these moves are to be used only to protect themselves if approached by a stranger—and never to bully or harm others. He encouraged the children to walk away from conflict whenever possible and to seek help from an adult. The skills we develop today cultivate discipline, respect, self-control, and confidence—qualities that empower us to thrive both on and off the mat.

We're proud of how well our students listened and participated, and we're already looking forward to the next class!



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National Day of Prayer Observed in The City of Lanett

On Thursday, May 1st, the City of Lanett united in faith to observe the *National Day of Prayer*. While not a public holiday, this day serves as a powerful opportunity for individuals and communities to pause and seek spiritual guidance and unity.



Lanett City Council Members, **Mr. Tifton Dobbs**, **Mrs. Angelia Thomas**, **Mr. Ronnie Tucker**, and **Mr. Tony Malone**; along with **Mrs. Deborah Gilbert**, City Clerk/Treasurer; **Mr. Henry Osburn**, a longtime educator in the community and **Mrs. Deborah Story**, Lanett Housing Authority Executive Director.

Held at the field across from W.O. Lance Elementary School, the event gathered local leaders, pastors, and community members for heartfelt reflection and prayer. **Mayor Jamie Heard**, **Superintendent, Jennifer Boyd**, and others led prayers for our schools, city government, families, and the nation. This annual tradition, observed nationwide on the first Thursday of May, continues to flourish in Lanett. It serves as a profound reminder of the strength found in community and the importance of seeking guidance together. By coming together in prayer, the residents of Lanett reaffirmed their commitment to support one another and to seek divine direction for the challenges and opportunities ahead. Together, we can build a brighter future for our community.



Lanett citizens joined together in prayer.



Mr. Jamie Heard, the Mayor of Lanett, Alabama, leads our great city through the power of prayer. Seated behind Mayor Heard is Council Member, **Mrs. Tamalita Dunn Autry**.

Staff CPR Training

On June 4, 2025, the Housing Authority staff took part in a hands-on CPR training session organized by Fireman Dillion Moncus and led by Fireman Caleb Gregory. The class was both informative and engaging, thanks to Fireman Gregory's clear instruction and infectious enthusiasm. He broke down CPR techniques into simple, easy-to-understand steps, making the training accessible for everyone in attendance.

The entire staff responded positively, expressing appreciation for the practical skills gained. This training will be a valuable asset not only within our community work but also in our personal lives. We extend our sincere thanks to Chief Matt Shiver, Firemen Caleb Gregory, Dillion Moncus, and the entire Staff of the City of Lanett, Alabama Fire and EMS department for their dedication to public safety and for empowering us to respond confidently in emergency situations.

7 Steps of CPR

1. Check for scene safety
2. Check for responsiveness
3. Call 911 and get an AED
4. Check for breathing for 5-10 seconds
5. No breathing=> start chest compressions
6. Perform 30 chest compressions before 2 rescue breaths.
7. If an AED is delivered, turn it on and follow the directions as given by the AED device.



Celebrating the Heart of the Home—Our Mother

As we embrace the beauty of spring, we pause to honor one of life's most cherished roles—that of a mother. Mother's Day is more than a celebration, it's a heartfelt reminder of the selfless love, quiet strength, and endless patience that mothers bring into our lives every day.

Being a good mother goes beyond providing care ~ it is about nurturing with compassion, guiding with wisdom, and loving without conditions. It is in the early morning routines, the encouraging words after a tough day, and the sacrifices made without hesitation. Good mothers shape not only their families but also the character and resilience of future generations.

In our community, we are proud to have many remarkable mothers

who inspire with their dedication and warmth. Whether you are a biological mother, a grandmother, and adoptive or foster mom, or someone who fills that role in spirit ~ your impact is deeply felt and genuinely appreciated.

This Mother's Day, let us celebrate the women who raise, support, and show us what it means to lead with love and devotion.

Happy Mother's Day from all of us at the Lanett Housing Authority



Malia Brooks, Mrs. Teal Brooks, and Morgan Jackson

"To the women who shape our homes and our hearts ~ Happy Mother's Day. Your love is the foundation of every strong community."



Recognizing Our Mothers



Pastries for Mom



Golden Celebration ~ ASU Class of 1975



On Friday, May 2, 2025, Alabama State University proudly commemorated its 311th Commencement Service. **Mrs. Phyllis Zachery-Stiggers**, the esteemed Vice-Chairperson of our Agency's Board of Commissioners, had the distinct honor of representing the illustrious graduating class of 1975. Leading the graduation procession, Mrs. Stiggers celebrated the 50th Anniversary of her graduation from Alabama State University, where she earned a B.S. degree in English, a testament to her dedication and the power of education in shaping her journey.

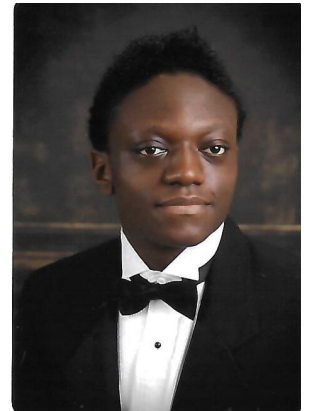
The week was a vibrant tapestry of memorable activities, filled with laughter and camaraderie as alumni gathered from near and far. The festivities culminated in a joyous celebratory dinner surrounded by cherished family and friends creating lasting memories that will be treasured for years to come.



Lanett High School Class of 2025



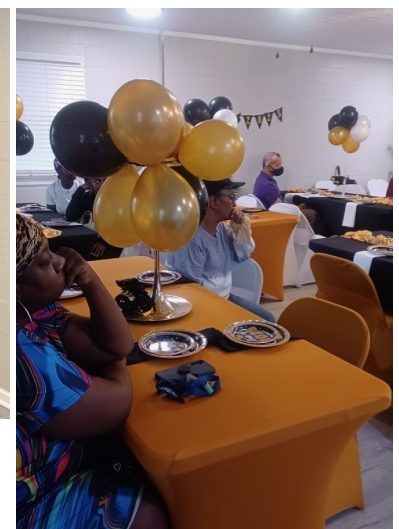
Princess F. Askew, is the granddaughter of Ms. Deanna Askew, a resident of the Cahaba Springs Community



Quandarius J. Bailey, is the son of Ms. Nancy Grady, a resident of the New Jackson Height Community



2025 LHA Graduation Dinner



We extend heartfelt congratulations to the remarkable graduates of the Lanett High School Class of 2025: Princess Askew, Quandarius Bailey, Liberty Carr, and MyZion Cofield. Their families proudly gathered to celebrate this momentous occasion, with Liberty's mother, Ms. Katrice Glaze, and Quandarius's mother, Ms. Nancy Grady, in attendance to cheer on their cherished graduates.

This year, we were honored to welcome Councilwoman Mrs. Tamalita Dunn Autry from District 2 as our esteemed guest speaker.



Mrs. Autry captivated the audience with her inspiring words of wisdom, encouragement, and a profound faith in both God and the bright futures awaiting each graduate.

We couldn't have asked for a more inspiring speaker for this program. The words of wisdom shared by the LHA Board Members and staff added depth and warmth to the occasion. Congratulations to all! Each child was presented with a stylish set of luggage, perfect for their journeys to college or the military. The futures ahead of them are undoubtedly bright and full of promise!

Resident's Shoutout-Award's Day



We celebrate all our children and commend their remarkable achievements on School Award Day. Their hard work, growth, and dedication inspire us all. Our Agency takes pride in supporting such bright, determined young minds, and we eagerly anticipate all that they will accomplish in the future. **Congratulations** to every student—you make our community stronger!

Honoring the Kings in Our Community

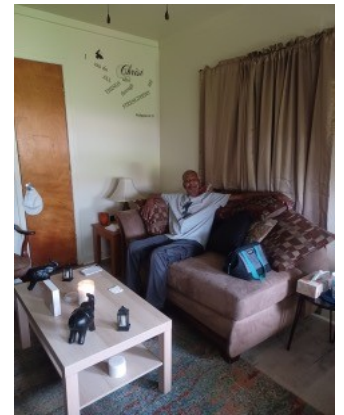


Happy Father's Day!

This special day is all about celebrating dads, grandfathers, uncles, mentors, and all the father figures who fill our lives with love, wisdom, and strength every day. We have come together for a time of laughter, friendly competition, and well-deserved appreciation.

Whether it's a classic game of Spades, a showdown in dominoes, a face-off in checkers, or a thoughtful match of chess, we are here to create memories and honor our traditions. And, of course, no celebration is complete without delicious food to enhance the moment.

We want to express our gratitude to the men who stand strong in their roles, who show up in both big and small ways, and who bring something special to the lives of those around them. Today is dedicated to you!



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Living Here, Loving It: Resident Highlights

“Small Space, Big Impact: Inside a Stunning Apartment Makeover”



Home Sweet Home

There's nothing quite like walking into a space that feels perfect—where every detail reflects your personality, energy, and lifestyle. That's the joy our resident, Mr. Otis Darden, experienced after the recent renovation of his apartment.

"I finally feel like my space matches my swag," he shared with a smile. It's true; with sleek finishes and personalized touches, his newly upgraded apartment is not just more functional—it's a complete vibe.

The renovation revitalized the space, striking a balance between modern upgrades and bold design choices that showcase Mr. Darden's unique flair.

"It's more than just an apartment now. It's my sanctuary," he says. "I come home and feel like I am sitting on top of the world."

We love seeing our residents light up in spaces that reflect who they are. Because at the end of the day, it's not just about where you live—it's how it makes you feel. Our residents deserve this and more.

Happy Birthday Residents

April Birthday

Akins, Da'Mya	Battle, Ashley
Bledsoe, Tony	Booker, Alford
Brooks, Antonette	Brown, Tyesha
Burks, Kel'Mona	Campos, Gisela
Carlisle, Kamaria	Carter, Travince
Chambers, Karen	Darden, Kheylani
Darden, Malakhi	Davis, Ebony
Dozier, Carsyn	Dunn, Messiah
Flemister, Carter	Foster, Kristina
Giles, Maliyah	Grant, Aa'Mauryei
Harris, Kaden	Herndon, Freada
Holliday, Zermetera	Huguley, Khennedi
Jackson, Da'One	James, Jessica
Johnson, Mary	Jones, Jessica
Jones, Zay'Lon	King, Dreanoel
King, Robiera	Martinez, Lilahrose
Parks, Zaylin	Peavy, Mary
Penn, Nariah	Pitts, Brittany
Porter, Alicia	Potts, Shekinah
Pruitt, Tate	Sharpe, Ledgend
Sherman, April	Smith, Zaunqerrius
Striblin, Spring	Summers, Zion
Thomas, Aiddan	Tucker, Ozelle
Turner, BreAnna	Turner, Kenadi
Turner, Khy'Lani	Turner, Lecia
Vetor, Trinity	Walker, Brenicia
Wallace, Quintasia	Washington, Lewis
Washington, Oneal Jr.	Williams, Kadja
Williams, Lisa	Worthy, Jennifer
Wright, Ashanti	Wright, Joshua

May Birthdays

Abner, Cassandra	Bailey, Amariahanna
Bailey, Kameasha	Bailey Sean Jr.
Bailey, Tytiunna	Barnes, Houston
Battle, Tylesha	Billingsley, Veronica
Bishop, A'Zeria	Booker, Antwoine
Booker, Harold Jr.	Brooks, Valnecia
Carlisle, Patricia	Carter, Tranielah
Cochran, Shangelique	Courtney, Asia
Darden, Lashunda	Davenport, Cortney
Davidson, Key'Air	Davis, Kamaria
Davis, Lacrystal	Dominguez, Brendon
Dozier, Jakalya	Evans, Salimah
Floyd, Mary B.	Gates, Percy
Gay, Aubrey	Gibson, Cathy
Glaze, Evelyn	Grady, Kameeshia
Harrison Jr., Devonta	Heard, Jalyian
Huguley, Jeremiah	Huguley, Torretta
Johnson, Alaya	Johnson, Envy
Johnson, Sarah	King, Susan
Longshore, Amanda	Love, Ja'Kyrie
Lovelace, Felicia	Mackey, Ricky
Mathis, Ricky	McKenzie, Demarcus
Peavy, Jimmie	Phillips, Tavarri
Reed, Kimberly	Ridgeway, Lakendra
Rodriguez, Joluraine	Satterwhite, Travis
Strange, Amber	Trammell, Sheila
Traylor, Zykeria	Tucker, Nevaeh
Whitlow, Nakunnah	Wilson, Harry
Winston, Madison	Winston, Shakiyah
Wright, Lyric	

Happy Birthday Residents (Cond't)

June Birthdays

Askew, Princess	Bailey, Lashon	Banks, Donivan	Barker, Susie	Brackett, Alyssa
Brown, Antonio	Brown, Londynn	Buckhanon, K'moni	Burton, Larry	Carter, Ashton
Carwell, Dai	Cochran, Shantaria	Core, Tshombe	Dunn, Johnny	Finley, Shondricia
Fleshman, Braxton	Fleshman, Erica	Gibson, Mattie	Gilliam, Aubree	Grady, Shontavous
Holloway, Centauria	Huguley, Sharon	Jackson, LaRhonda	James, Zaire	Johnson, Janae
Jones, Antrina	Jones, Deasia	Keys, An'Tanija	Keys, Antravious	Leverett, Malaya
Little, Christopher	Love, Tamara	Lovelace, Camila	Maloney, Erika	Marshall, Zaccariah
Mcghee, Deborah	Moore, Valerie	Murphy, Blasian	Nelms, Heavenly	Paige, Taylor
Palmer, Amour	Phillips, Zy'Terrian	Pike, Tanner	Pitts, Taboris	Potts, Santerio Jr.
Reed, Mary	Ricks, Titauna	Riley, Jordan	Roberts, Josephine	Robinson, Syrena
Scott, Quancez	Scott, QuiMellah	Smith, Eula	Tarver, Allison	Tarver, Marquavious
Thompson, LaQuita	Tucker, Honestee	Ward, Aniyah	Ware, Brooklyn	Whitlow, Kannon
Williams, Artyst	Williams, Caniyah	Williams, Tiya	Willis, Kamren	Wright, Roger

Residents are invited to share their joyous moments by submitting announcements for special occasions such as birthdays, weddings, baby showers, graduations, and more to our quarterly newsletters. This is a wonderful opportunity to celebrate together as a community! If you're interested in having your announcement featured, please send it to *Melissa Winston, Resident Activity Coordinator*, mwinston@lanetthousing.com at least one month before the publication date. Don't miss the chance to spotlight your important milestones; our submission deadlines are as follows:



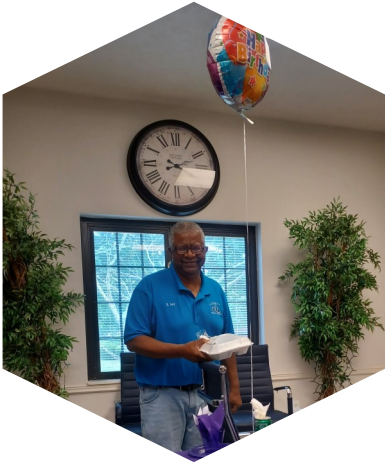
Spring Edition: February 28th

Summer Edition: May 31st

Fall Edition: August 31st

Winter Edition: November 31st

Support Staff Shoutout



Happy Birthday

Mr. Edward Lett, Custodian



Mr. Edward Shealey,
Maintenance Dept.

Recently, we celebrated the birthdays of two valued team members: Mr. Edward Lett, our Custodian, and Mr. Edward Shealey, our Maintenance Assistant.

Mr. Lett, who joins us from Easter Seals, ensures that both the office and grounds of our Agency are kept immaculately clean. His dedication and cheerful demeanor make him a joy to be around.

Mr. Edward Shealey is temporarily working in our maintenance department. He is a friendly and enjoyable individual, known for his respectful interactions with both residents and coworkers. His positive presence contributes greatly to our community.



Maintenance Department Corner

Effective immediately, for the safety of our residents and Maintenance Staff and best interest of the Housing Authority, residents will not be allowed in areas where either interior or exterior repairs are being performed inside LHA units. Residents must either go into another room or leave the surrounding area until all work has been completed.

Routine and non-emergency work orders will be resolved within three business days. Emergency work orders will be completed within 24 hours. If a work order request is thought to be an emergency but is actually determined to be routine, the resident making the request will be informed of such. An emergency work order involves 1) a serious threat to the life, safety, or health of individuals, or 2) immediate potential for severe damage to property, structure, and/or systems.



Examples of an emergency work order are:

- Broken exterior door lock
- Fires
- Damaged or inoperable electrical outlets
- Power outage
- Broken water line (s)
- Sagging/collapsing ceiling (s)
- No heat (when the outside temperature is less than 35 degrees)
- Inoperative HVAC (when the temperature is above 85 degrees Fahrenheit)
- Smell of gas fumes
- Sewage issues

Report all work order requests by dialing (334) 644-5330. For police and fire emergencies, dial 911



**Your Trusted Maintenance Technician,
Here to Fix What Matters!**



Trikweze “Ball Hawk” Bridges

Hometown Hero Drafted to the NFL Visit LHA!

Our community is brimming with pride as we celebrate one of our own — Trikweze “Ball Hawk” Bridges, who was officially drafted by the Los Angeles Chargers in the 2025 National Football League (NFL) Draft!

Raised by his devoted mother, Mrs. Marcilyn “Marcy” Patrick, alongside his two siblings, Bryant and Kaymora, Trikweze exemplifies determination, talent, and heart. From a young age, he stood out not only on the playing field but also in the classroom, where he excelled academically. He was known for being a kind, respectful, and grounded young man. In addition to his studies, he actively participated in football, basketball, and baseball and was a familiar face at our community’s summer camp and after-school program during his younger years.

Trikweze’s journey to the NFL is truly inspiring. He never allowed his circumstances to define him and always remembered the people and places that shaped his life. A devoted family man, he shares a particularly close bond with his great-grandmother, Mrs. Lorene Patrick, whose love and guidance have been central to his success. With athleticism running in his blood—his grandfather, Mr. Perry Griggs, was a former pro football player, and his cousin, Mr. Josh Evans, a former NFL standout, mentored him—it seemed destined that he would one day make it to the big league.

On Monday, May 5, the Lanett Housing Authority had the pleasure of receiving a surprise visit from this remarkable young man. Trikweze has always cherished his hometown and his upbringing in the New Jackson Heights Community.

We are incredibly proud of Trikweze and believe this is only the beginning of his journey. He is proof that greatness can emerge from anywhere— especially from a community like ours.

Congratulations, Trikweze!

We are cheering for you every step of the way!



Trikweze "Ball Hawk" Bridges

"From humble beginnings to the NFL—proof that greatness can rise from anywhere. Your journey inspires us all!"



**Congratulations,
Trikweze, You Did It!**



For Your Information

Community Notice: Outdoor Play, Supervision, and Summer Guests



As summer approaches and children enjoy their time away from school, we acknowledge that outdoor activities and an influx of visitors may increase within our community. To help create a safe, respectful, and enjoyable atmosphere for all residents, we would like to remind everyone of the following guidelines:



1. Supervision: We kindly encourage parents, guardians, and caregivers to actively supervise children during their playtime in shared outdoor areas. Your attention and care essential for ensuring the safety and enjoyment of our community.



2. Respectful Use of Common Areas: We appreciate the cooperation of all residents and their guests, regardless of age, in using our community spaces responsibly. This includes keeping noise levels reasonable, cleaning up after oneself, and being considerate of the rights and comfort of neighbors.



3. Guests: Residents should be mindful of their guests' behavior at all times. We ask that you guide your visitors to follow our community guidelines, helping to create an environment where everyone feels secure and comfortable.

We value your contributions to our community and your commitment to fostering a welcoming atmosphere. By adhering to these guidelines, we can collectively ensure that our shared spaces remain enjoyable and safe for everyone. Thank you for your cooperation and understanding and for being a vital part of what makes our community thrive. We look forward to a wonderful summer together.

For Your Information (cont'd)

LEE & CHAMBERS COUNTIES

YOUNG ADULT EMPLOYMENT SKILLS

YES! Project

**16-24 YEAR OLDS WHO WANT ASSISTANCE
WITH CAREER & EDUCATION GOAL**

We are eager to help you move forward in your life with excellent training resources and tools to accomplish your goals with support

ALL SERVICES ARE FREE

GED Prep	Technical Training	Employment Readiness
Career Exploration	Post-Secondary Prep	Job Shadowing
Life & Leadership Skills	ASVAB Support-Military	Work-Based Learning
Financial Literacy	Job Assistance	Skills Gains

Earn Cash Incentives While Training

Program is for young adults needing to complete H.S. Diploma (G.E.D.).
Additional eligibility requirements for H.S. graduates.
Call the numbers below or scan the QR Code to inquire today!

*This project is funded 100% with Federal funds made available to the State of Alabama Department of Commerce by the U.S. Department of Labor/Employment and Training Administration as the Grantor.

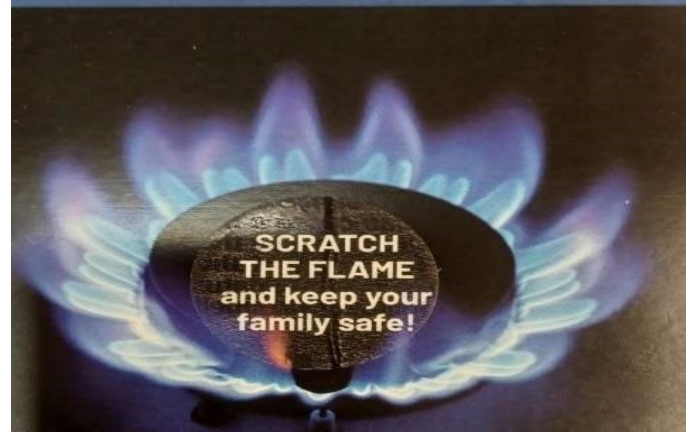


Circle of Care Center for Families
14 Medical Park, Valley AL 36854



334-768-4091

IMPORTANT SAFETY INFORMATION



It's important that you and your family recognize this odor, whether or not you have natural gas service.

Lanett Housing Authority

334-644-5330



**Know what's below.
Call before you dig.**

The Lanett Housing Authority would like to remind you to
always call Alabama 811 before digging.

By locating and marking underground utilities, you protect yourself as well as your utility service. Unintentional damage to underground facilities during excavation is a significant cause of disruption in utility services, as well as other vital service operations. Accidentally breaking a natural gas pipe isn't just an inconvenience, it's a hazard to you, your neighborhood and your community.



Did you



now it's the Law in



Alabama?

REMEMBER : NOTIFY 911 IMMEDIATELY

DO NOT allow open flames or spark producing objects in presence of un-ignited gas

DO NOT extinguish flames of escaping gas unless life is in danger

DO NOT operate any type of machinery

DO NOT operate any valves on the city installations without consulting gas company

DO NOT ring doorbells, operate electrical switches, or use any type of phone where un-ignited combustible natural gas is suspected



SMELL GAS? CALL

334-644-5330

©Lamar Inc.

For Your Information (cont'd)

Need A Ride?



**Dependable,
Free
Van Service**

Whether it's for

- shopping,
 - medical or dental appointments,
 - grocery stores or local food banks
 - community activities, or
 - other essential errands (bank, rent payment/recertification),
- we're here to help make your day easier.

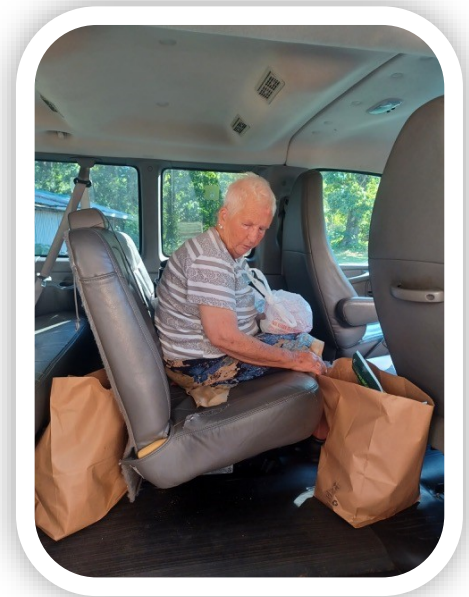
Service Days & Hours:

Tuesday & Thursdays, 9:00 AM – 11:30 AM

Summer Days & Hours:

June 2– July 17, 2025

**Friday Morning Only 9:00 AM - 11:30 AM due to Summer
Camp Hours**



Please try to book transportation to doctors' appointments at least a week in advance and to ensure availability.
For more information or to book your ride please contact:

Melissa Winston

Resident Activity Coordinator

334-644-5330 or 334-644-5335

Email: mwinston@lanetthousing.com

For Your Information (cont'd)



Keep these important dates on your radar!

July 1-3: No Summer Camp

July 4: Office Closed for Independence Day

July 8: Board Meeting at 5 PM & Pest Control

July 16: Resident Council Meeting at Crystal Springs Community Building

July 17: End of Summer Camp

July 26: Youth Explosion at Valley Sportsplex

August 12: Board Meeting & Pest Control

August 21: Resident Council Meeting at Crystal Springs Community Building

September 9: Board Meeting & Pest Control

September 18: Resident Council Meeting at Crystal Springs Community Building

****Special Notes:****

Leaders Academy Summer Camp:

June 2 - July 17, B & B Youth Development Center, 9 AM - 2 PM, Monday-Thursday.

Van Service:

Available **Fridays** from **9 AM to 11:30 AM during summer**. Regular schedule resumes on **Tuesdays and Thursdays thereafter**. **If there are any changes to the van service schedule, a notice will be issued to inform everyone. Looking forward to a wonderful summer!**

For Your Information (cont'd)

UTILITY ALLOWANCE INCREASE

The Housing Authority of the City of Lanett, Alabama, must review the cost and consumption of your utilities allowances annually if it is determined that costs have increased or decreased by 10% or more.

This notice informs you that an **increase** in the Utility Allowance has been calculated based on a survey and study of utility consumption conducted by Energy Consulting, Inc. The Housing Authority's Board of Commissioners has approved the request to adjust the Utility Allowance.

The approved Utility Allowance will be effective at your Annual Recertification or Interim, on or after August 1, 2025, which comes first.

You can determine your new allowance by locating your development and bedroom size on the attached Utility Allowance Schedule.

Utility Allowances (AL062)

Effective August 1, 2025

Site	0 BR	1 BR	2 BR	3 BR	4 BR	5 BR
Jackson Heights 62-1		64	73	82	95	
Crystal Springs 62-2		64	72	82	95	
Jackson Heights 62-3	55	64	73	82	95	104
Cahaba Springs 62-4			171	200	241	
Crystal Springs 62-5- Elderly	55	64	73			

Study conducted by conducted by Energy Consulting, Inc.

For Your Information (cont'd)

Public Notice Notice of Flat Rent Rates Schedule

The Housing Authority of Lanett, Alabama, plans to update the current flat rent for all bedroom types by using the Small Area Fair Market Rents (SAFMR) established by HUD.

On January 17, 2014, President Obama signed the Department of Housing and Urban Development Appropriations Act 2014. Section 210 of that act amended the U.S. Housing Act of 1937 to create new rules for flat rents for public housing residents. Specifically, the Act requires PHAs to comply with the latest requirements by June 1, 2014. The change applies only to residents in Public Housing who are currently paying flat rent (not income-based).

Because the FMR increases current rents by over 35%, HUD regulation allows the PHA to phase in rents over three (3) years.

Please take note of the following information:

A list of the current flat rents and the adjusted rates is provided below. Residents and other concerned individuals have 30 days from the date of this notice to send in their comments regarding this change. Comments can be submitted via email to tcarr@lanetthousing.com, ajohnson@lanetthousing.com, abamby@lanetthousing.com, or in writing at the following address:

The Housing Authority of the City of Lanett, Alabama
506 1st Street
Lanett, AL 36863

Small Area FMR Rents (SAFMR) Effective 8-1-25

Property	0BR	1BR	2BR	3BR	4BR	5BR
Old Jackson Heights		\$528	\$704	\$862	\$945	
Crystal Springs		\$528	\$704	\$862	\$945	
New Jackson Heights	\$431	\$528	\$703	\$862	\$945	\$1,092
Cahaba Springs			\$605	\$744	\$799	
Crystal Springs Elderly	\$431	\$528	\$703			

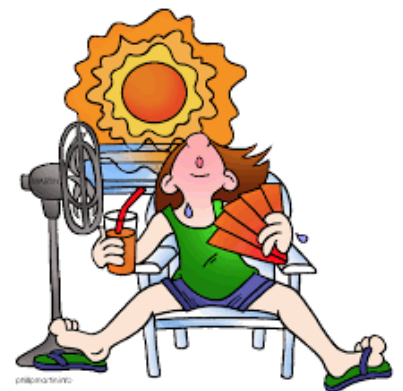
For Your Information (cont'd)

“Beat the Heat: Elderly Care During High Temperatures”

With temperatures soaring and a heat index reaching 108 degrees , it's more important than ever to ensure our elderly neighbors, friends and family members stay safe. Older adults are at greater risk for heat-related illness due to health conditions, medications, or limited mobility. These things can reduce the body's ability to cool down, therefore; putting seniors at greater risk.

Here are some essential hot weather safety tips for seniors:

- **Stay Cool Indoors:** Use air conditioning if possible. If A/C is unavailable, visit cooling centers, libraries, or community centers.
- **Hydrate Frequently:** Drink plenty of water throughout the day, even if you are not thirsty. Avoid caffeine and alcohol.
- **Dress Smart:** Wear lightweight, loose-fitting, and light-colored clothing.
- **Avoid Outdoor Activity:** Try to stay indoors during the hottest parts of the day between (10 a.m.—4 p.m.).
- **Use Fans Wisely:** Fans can help but are not effective once temperatures are in the high 90s or above. Air conditioning or cool showers are better.
- **Check In Often:** If you have elderly neighbors or relatives, check on them twice a day. A quick call or visit can make a big difference.
- **Know the Signs of Heat Illness:** Watch for confusion, dizziness, headache, nausea, or rapid heartbeat. Seek medical help immediately if symptoms appear.



For Your Information (cont'd)

“When the Heat Rises, So Does the Risk-Recognize Heat Illness Early”

Heat-Related Illnesses to Watch For:

1. Heat Exhaustion:

Symptoms: Heavy sweating, weakness, cold or clammy skin, nausea, dizziness, head ache, fast or weak pulse.

What to do: Move to a cooler place, lie down, sip water, and apply cool clothes. If symptoms worsen, seek medical attention.

2. Heat Stroke (Medical Emergency):

Symptoms: Body temperature above 103 degrees, confusion, rapid and strong pulse, hot and dry skin (no sweating), fainting, possible unconsciousness.

What to do: Call 911 immediately. While waiting, move the person to a cooler place, use cool cloths or a bath, and try to lower their body temperature quickly.

3. Heat Cramps:

Symptoms: Muscle pain or spasms, usually in the legs or abdomen, often after physical activity.

What to do: Stop activity, move to a cool location, and drink water or electrolyte beverage such as Gatorade or Powerade. If you don't have these items at home, you can make your own electrolyte drink by adding a pinch of salt to orange juice and water.

4. Heat syncope:

Symptoms: Sudden feeling of dizziness that can occur when you are active in hot weather. If you are taking a heart medication known as a beta blocker or if you are not used to hot weather, you may be more likely to feel faint.

What to do: To alleviate the dizziness, find a cool place to rest, elevate your legs, and drink water.

Let's all do our part to keep our community safe, especially our elderly residents during this extreme heat. Remember, a call, a visit, or a ride to a cool place could save a life.

Juneteenth 2025

On “Freedom’s Eve,” the night of January 1, 1863, the first Watch Night services were held. Enslaved and free African Americans gathered in churches and private homes across the country, filled with hope and anticipation for the news that the Emancipation Proclamation would soon take effect. At the stroke of midnight, their prayers were answered as all enslaved people in the Confederate States were declared legally free. Union soldiers, many of whom were Black, marched triumphantly onto plantations and through cities in the South, reading copies of the Emancipation Proclamation and spreading the powerful message of freedom.

Yet, not everyone in Confederate territory would be free right away. Although the Emancipation Proclamation became effective in 1863, its enforcement was limited in regions still under Confederate control. In Texas, the westernmost Confederate state, enslaved individuals remained in bondage a while longer. Freedom finally arrived on June 19, 1865, when approximately 2,000 Union troops reached Galveston Bay, Texas. The army joyfully announced that over 250,000 enslaved Black people in the state were free by executive decree. This momentous occasion became known as “Juneteenth,” a day of celebration for the newly liberated individuals in Texas.



Today, Juneteenth is celebrated across the United States as a day of reflection, joy, and community. Events range from family gatherings and barbecues to parades, educational programs, and cultural festivals that honor African American history and the enduring struggle for freedom and equality. Many people use this day to share stories, engage in discussions about the ongoing fight for justice, and promote awareness of the contributions of Black Americans. As a federal holiday, Juneteenth serves not only as a celebration of emancipation but also as a reminder of the work that remains in achieving true equality and justice for all.

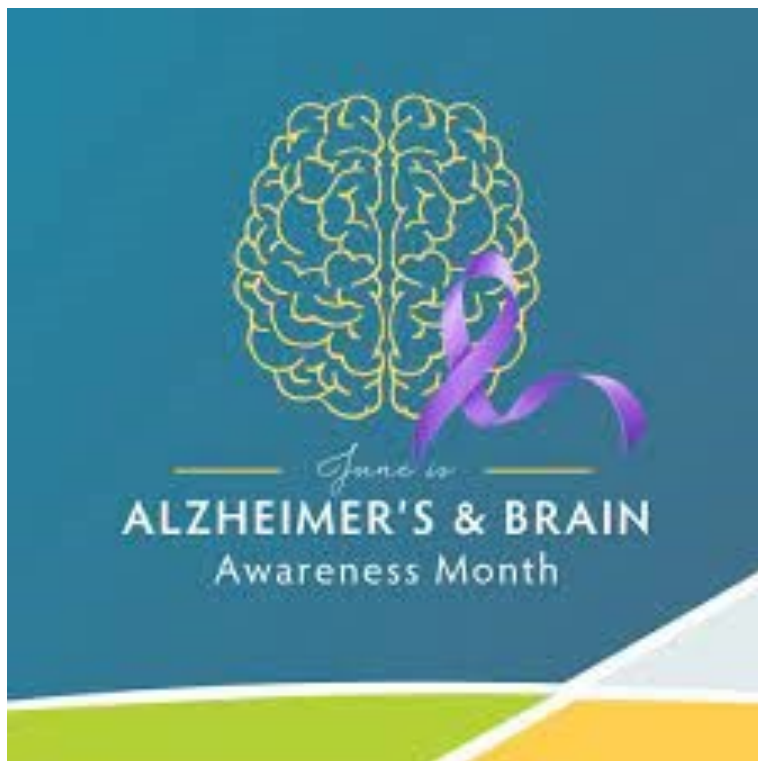


The 4th of July, recognized as Independence Day, is a significant national holiday in the United States, observed annually on July 4th. This day commemorates the pivotal moment in 1776 when the thirteen American colonies formally declared their independence from British rule through the adoption of the Declaration of Independence.

Nationwide celebrations are marked by an array of events that foster a sense of unity and national pride. Fireworks exhibitions illuminate the night sky, while parades feature colorful floats and marching bands. Concerts provide entertainment, and community barbecues facilitate gatherings among family and friends. This holiday serves as a reminder of the fundamental principles that unite the nation and the sacrifices made in the pursuit of liberty and independence.

June is Alzheimer's and Brain Awareness Month

Globally, over 55 million people are living with Alzheimer's or another form of dementia, and two-thirds of Americans face at least one significant risk factor for these conditions. Now is the time to take action—for yourself, your loved ones, and the important quest to end Alzheimer's. What inspiring steps will you commit to this month? June 2025 marks Alzheimer's and Brain Awareness Month, a time dedicated to fostering understanding and promoting brain health. The Alzheimer's Association invites everyone to explore the intricacies of cognitive function and take proactive steps to safeguard their mental well-being throughout this month. This initiative seeks to illuminate the profound effects of Alzheimer's disease and various forms of dementia, drawing attention to their impact on individuals, families, and entire communities. Join us in this vital conversation and empower yourself and others to prioritize brain health.





IMPORTANT NUMBERS TO REMEMBER

- Administrative Office (334) 644-5330
- Maintenance Department (334) 644-5341
- Fax (334) 644-6468
- E-mail dstory@lanetthousing.com
- After Hours Emergency (334) 644-5330 (Press #1)

The Lanett Housing Authority does not discriminate against any person for employment or housing because of race, color, national origin, age, sex, religion, disability, or familial status.

